

Worksheet A - Tally Sheet

		Recipes										Total Needed	(-) On Hand	(=) To Buy
Ingredients	Purchase Measurement													
	Meals for Cook #1													
	Meals for Cook #2													
Beef	Ground Beef, Fresh													
	Cooked Ground Beef													
Chicken	Boneless Chicken Breast													
	Cooked, Diced Chicken													
Turkey	Ground Turkey													
	Turkey Breast													
Pork	Ground Pork													
	Ham													
	Sausage													
	Bacon													
Fish	Frozen Fillets													
	Fresh Fillets													
Frozen	Frozen Broccoli													
	Frozen Corn													
	Frozen Peas													
Dairy	Eggs													
	Margarine/Butter													
	Sour Cream													

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		Recipes															
	Ingredients	Purchase Measurement													Total Needed	(-) On Hand	(=) To Buy
	Meals for Cook #1																
	Meals for Cook #2																
Canned Goods	Canned, Diced Tomatoes																
	Spaghetti Sauce																
Grains, Pasta, Beans, Bread	Pasta																
Fresh Produce	Onions																
	Green Peppers																
Staples - Spices	Flour																
	Oil																
	Ketchup																